

# THE SUPERFLUOUS MAN

ARTISTIC RIDER

## \*\*ALL TO BE NEGOTIATED AND CUSTOM CURATED BY MR YEHEZKEL LAZAROV\*\*

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#### The Event has three stages:

- Preshow Foyer
- The Superfluous Man main theater stage
- Sleeping Party on stage

#### PRESHOW:

The audience arrives in the theater and there are a few works already in place:

- <u>The sleeping Oblomov child</u>. **Requires**:
  - BED/TABLE ±0.4m high, ±2m X ±1m (see Attache 3 in the Tech Rider)
  - White cloth to cover completely to the ground
  - A pillow in a white pillowcase
  - spotlight (included in the tech rider)
- Video installation (either by Tom Pnini, Ran Slavin or local artist). Requires:
  - The projecting surface will be determined in the theater.
  - Projector, speakers, laptop, wires (included in the tech rider)
- Printed Exhibition poster of the show with information, credits, and artists' works compatible with the theme of the show. **Requires**:

- Audience amount compatible copies of A2, double-sided plain paper matte, in two graphic versions that will be sent as soon as the artistic content is completed.
- <u>Merchandise (optional)</u> we believe it would be beneficial to sell different products branded with "The Superfluous Man" symbols. i.e. shirts, tote bags, pins... **Requires:** 
  - Finding a local manufacturer (we'll be glad to suggest design ideas and send the modified graphics)
  - Producing and pricing.
  - Table, register, and sellers.

After the audience is present there are four performances:

- Philosopher talk
- Local dance company show
- Local choir singing a lullaby Cortege the actors walk from the foyer to the stage.

#### Requires:

- Speakers that are strong enough to fill the Foyer.
- Mixer
- Laptop and connectors
- 1handheld wireless mic
- 1 neck mic.
- 2 pcc mics for the choire

### Please assist us with finding local artists to cooperate with

#### The Superfluous Man:

#### All the show tech needs are described in the Tech Rider.

In the second act, the audience is asked to close their eyes for a meditation session. please find in *Attache 1* the text that needs to be translated into the local language and recorded in a male deep voice, the same duration as the original - 4 mins 20 seconds. **Requires:** 

• The recording - prepared in advance.

#### Sleeping Party:

After the show and bows the audience is invited to stay for a sleep party. please find in *Attache 2* the text that needs to be translated into the local language and recorded to invite the audience to stay.

For the sleeping party mattresses need to be put on stage by stage technicians (see tech rider for mattress properties), a DJ mixer is connected to the stage box with mini PL and the audience is welcome to clime to the stage. **Requires:** 

- The recording prepared in advance.
- DJ Mixer with compatible connections to the stage box (tech rider)
- Mattresses (tech rider)
- Staircases for the audience to clime to the stage or an alternative route.

## ATTACHE 1 - MEDITATION TEXT - 4:20 MINS

No matter where you run, life pursues you. Sit comfortably And close your eyes Long inhale through your nose Even longer exhale through your nose Feel your hands and feet becoming soft and light Your head relaxed and comfortable Relax the muscles of your neck Relax your shoulders Keep your chest open and breathe together with me Let your lower back lean gently on the chair Imagine you are walking on the ground Stable ground In a place with green grass and flowers Look up at the blue sky dotted with white clouds The sun caresses you And you give in to the beauty of your surroundings Look ahead In front of you a river flows gently Approach it It's just a few steps away now Look at your reflection in the water Lean over and wash your face Sit on the bank of the river



Look at yourself in this moment Long inhale through your nose Even longer exhale through your nose Empty your mind completely of thoughts No pictures or colors No memories Cease the monologues and dialogues running through your mind Lose your sense of where your body ends Notice the quiet formed in the moment between thought and sleep In that moment of nothingness Be without obligations to anyone Without desires Without dreams Give in to the feeling that you leave nothing behind And no one will notice you missing Carefully move your fingers and toes Start gradually returning to your body Long inhale through the nose Longer exhale through the nose Long inhale through the nose Longer exhale through the nose Long inhale through the nose Longer exhale through the nose Open your eyes And find me Andrey Stoltz



# **ATTACHE 2 - INVITATION TO THE SLEEP PARTY**

Ladies and gentlemen, we're welcoming you to join us on stage. To lie down on the mattresses and devote yourself to the void of nothingness.

